

Fellow Cumberland County Democrats,

As I am sure you have seen on the news, a conservative Supreme Court majority has issued a ruling that overturns Roe v. Wade and Planned Parenthood v. Casey, two landmark cases that established a framework for safe and legal abortion care that has been in place for more than 50 years. While we knew this ruling was coming, today the Post-Roe era begins. Sadly, this may only be the beginning as the ruling also calls into question freedoms related to birth control, LGBTQ relationships, and marriage equality.

With this devastating reversal of personal liberties, it is understandable to feel scared, sad, and angry. Be scared, be sad, be angry, then let's roll up our sleeves and get to work to protect the right to abortion care in Pennsylvania and across the country. Here are a few things we can do:

1. Make our voices heard: Several peaceful demonstrations are planned around the region including in Carlisle ([Facebook Event](#)) TONIGHT at 5:30 pm at Court House Square. Look for more information in the coming days about organized demonstrations to support abortion rights. Our message to political leaders must be unambiguous. The people will not accept the criminalization of women's healthcare.

2. Activate friends and neighbors who are upset about this ruling: The best way to protect abortion rights is to elect leaders who respect the autonomy and equality of women. This is an opportunity to sign up volunteers to help with our campaigns over the summer and through November. As you are talking to friends and neighbors, encourage them to get involved. Collect their contact information (including cell numbers and email addresses) and share it with your Club leadership <https://cumberlandcountydems.com/find-your-local-dem-club/> or Area Leaders <https://cumberlandcountydems.com/who-we-are/> (scroll down to Area Leader). In the coming weeks, we will be coordinating closely with PA Dems to direct volunteers to activities (canvassing, phone banking, voter registration) to support our candidates.

3. Support women in states that have outlawed abortion. You can make a donation to any number of abortion funds that are working to cover expenses for women who will now have to take time away from work and travel across state lines to get the care they need. Here is a link to an Act Blue site that distributes donations to several of these funds:

<https://secure.actblue.com/donate/supportabortionfunds?refcode=nnafwebsite>

Remember: ABORTION IS STILL LEGAL IN PENNSYLVANIA. **Let's keep it that way.** We must elect Josh Shapiro, and all of our state legislative candidates (Patty Kim, Sara Agerton, Kristal Markle, Alan Howe, Jim Massey) to make sure that women in Pennsylvania will always have access to safe abortion care. If you can donate to these campaigns, please do so.

<https://secure.actblue.com/donate/shapiro-for-pennsylvania-1>

<https://secure.actblue.com/donate/fetterman-for-pa-1>

<https://secure.actblue.com/donate/daniels-for-congress-1>

<https://secure.actblue.com/donate/friends-of-jim-massey-1>

<https://secure.actblue.com/donate/friends-of-patty-kim-1>

<https://secure.actblue.com/donate/friends-of-sara-agerton-2>

<https://secure.actblue.com/donate/alan4pa-1>

<https://secure.actblue.com/donate/kristalforpa>

The stakes are higher than they've ever been. For our Democracy, for our freedoms. The work ahead will be hard, but we are on the right side of history. Don't give up, together we will win.

Thank you,

Matt Roan

Chair, Cumberland County Democratic Committee